

handdisinfect

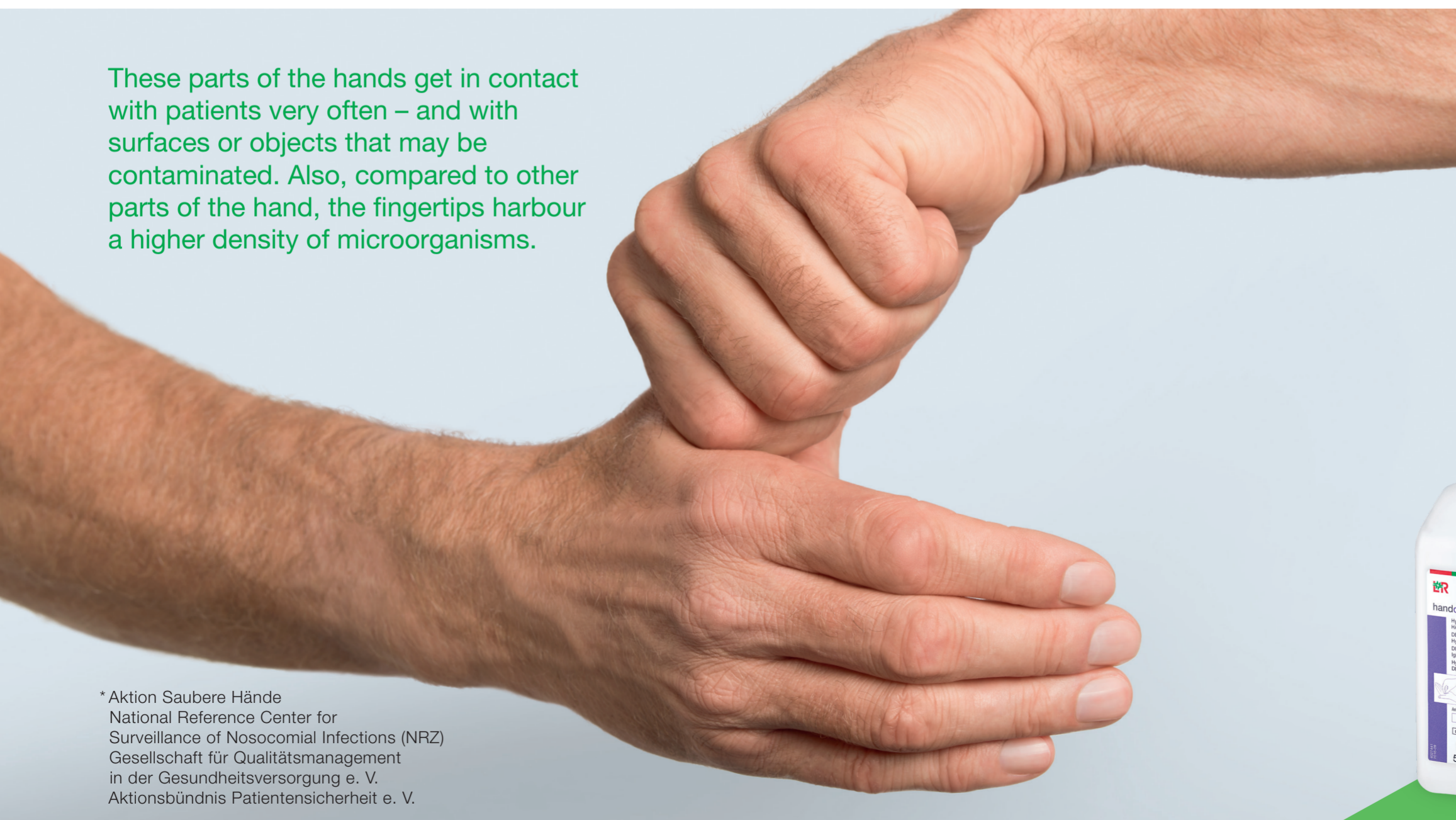
How to disinfect hands properly.

The scientific advisory board of "Aktion Saubere Hände"* recommends:



- 1 Staff should be trained in how to disinfect their hands.
- 2 Apply enough hand disinfectant to dry hands. Hands must be "wet".
- 3 Rub the hand disinfectant into the entire hand, paying special attention to the main contact points and pathogen reservoirs (fingertips, thumbs and nail folds).
- 4 Hands must be kept moist for at least 30 seconds.

Pay special attention to fingertips, nail folds and thumbs.



These parts of the hands get in contact with patients very often – and with surfaces or objects that may be contaminated. Also, compared to other parts of the hand, the fingertips harbour a higher density of microorganisms.

L+R handdisinfect
Our hand disinfection products.



* Aktion Saubere Hände
National Reference Center for Surveillance of Nosocomial Infections (NRZ)
Gesellschaft für Qualitätsmanagement in der Gesundheitsversorgung e. V.
Aktionsbündnis Patientensicherheit e. V.